

September Menu - Fort Myers

	Breakfast	Lunch	Snack
Tuesday, September 1st	Biscuits with Jelly, Pineapple, & Milk	Sloppy Joes, Corn, Peaches, & Milk	Vanilla Wafers & Pears
Wednesday, September 2nd	Nutrigrain Bars, Oranges, & Milk	Pasta with Meatballs. Green Beans, Pineapple, & Milk	Chex Mix & Bananas
Thursday, September 3rd	Cereal, Peaches, & Milk	Chicken Nuggets, Mashed Potatoes, Pears, & Milk	Veggie Straws & Fresh Fruit
Friday, September 4th	Muffins, Oranges, & Milk	Ham and Cheese Wraps, Tater Tots, Bananas, & Milk	Cheez-its & Pineapple
Monday, September 7th	CENTER CLOSED	LABOR DAY	CENTER CLOSED
Tuesday, September 8th	English Muffins with Jelly, Pineapple, & Milk	Tacos with Rice and Beans, Peaches, & Milk	Ritz Crackers & Pears
Wednesday, September 9th	Cereal, Oranges, & Milk	Mac and Cheese, Green Beans, Pineapple, & Milk	Animal Crackers & Bananas
Thursday, September 10th	Nutrigrain Bars, Peaches, & Milk	Meatballs with Gravy, Mashed Potatoes, Pears, & Milk	Pretzels & Fresh Fruit
Friday, September 11th	Cinnamon Raisin Toast, Oranges, & Milk	Pizza, Peas, Pineapple, & Milk	Goldfish & Bananas
Monday, September 14th	French Toast, Pears, & Milk	Teriyaki Chicken with Rice, Peaches, & Milk	Vanilla Wafers & Oranges
Tuesday, September 15th	Biscuits with Jelly, Pineapple, & Milk	Sloppy Joes, Corn, Pears, & Milk	Chex Mix & Peaches
Wednesday, September 16th	Nutrigrain Bars, Oranges, & Milk	Pasta with Meatballs, Carrots, Pineapple, & Milk	Veggie Straws & Banana
Thursday, September 17th	Cereal, Pineapple, & Milk	Chicken Nuggets, Mashed Potatoes, Pears, & Milk	Cheez-its & Fresh Fruit
Friday, September 18th	Muffins, Peaches, & Milk	Turkey and Cheese Wraps, Tater Tots, Bananas, & Milk	Graham Crackers & Oranges
Monday, September 21st	Waffles, Pineapple, & Milk	Chicken Patty Sandwich, Peas, Peaches, & Milk	Cheez-its & Pears
Tuesday, September 22nd	Bagels, Oranges, & Milk	Tacos with Rice and Beans, Pineapple, & Milk	Graham Crackers & Peaches
Wednesday, September 23rd	Cereal, Pears, & Milk	Pasta with Marinara, Green Beans, Oranges, & Milk	Ritz Crackers & Bananas
Thursday, September 24th	Nutrigrain Bars, Pineapple, & Milk	Meatballs with Gravy, Mashed Potatoes, Peaches, & Milk	Animal Crackers & Fresh Fruit
Friday, September 25th	Cinnamon Raisin Toast, Pears, & Milk	Burgers, Carrots, Oranges, & Milk	Pretzels & Bananas
Monday, September 28th	Pancakes, Peaches, & Milk	BBQ Chicken with Rice, Pears, & Milk	Goldfish & Oranges
Tuesday, September 29th	Biscuits with Jelly, Pineapple, & Milk	Sloppy Joes, Corn, Peaches, & Milk	Vanilla Wafers & Pears
Wednesday, September 30th	Nutrigrain Bars, Oranges, & Milk	Pasta with Meatballs. Green Beans, Pineapple, & Milk	Chex Mix & Bananas

